Legislation (statutory regulations and guidance)

Our policy has been developed from the revised statutory guidance ‘The Relationships Education, Relationships and Sex Education and Health Education Regulations 2019 ‘This guidance states that from September 2020 all schools must deliver relationships education in primary school.

Our PSHE policy

In our school we aim to teach a PSHE curriculum that encourages children to discover and explore, and finally to flourish into caring confident and resilient young people. We aim to help our children develop the capacity to make sound decisions when facing risks, challenges and complex contexts that occur from the modern everyday events.

In order to achieve these aims we carefully plan a rolling programme based on Lancashire County Council’s guidance, complemented and supplemented by the planning and resource materials from Coram SCARF. We also use a range of teaching and learning styles to meet the needs of all our children placing an emphasis on active learning by including the children in circle time, games, role-play, discussion, investigations and problem-solving activities.

Across KS1 and KS2 our PSHE curriculum will involve:

* making children aware of their human rights.
* building healthy and respectful relationships in all contexts including online.
* distinguishing between different types of online content and how to use it discriminately and keeping safe online will play a continual part of our teaching.
* Learning to be manage their own mental well-being and happiness and how to be mindful of the feelings of others.
* we guide our children to know how and when to ask for help and know where to access support.
* understanding what constitutes a healthy lifestyle
* Being aware of safety and risk issues
* Being independent and responsible members of the school community
* Being positive and active members of a democratic society
* Developing a growing financial awareness

We also offer extra support in our targeted social skills groups that can help to develop confidence and resilience.

Our RSE policy

Our RSE curriculum is delivered across the whole school within areas of Science and PSHE and covers human development, relationships and family life within a safe comfortable atmosphere and in a relaxed relationship with our teachers.

The programme will be taught by teachers across our primary years Science and PSHE lessons.

Our teachers will aim to reply to children’s questions sensitively and openly. Those questions that teachers feel uncertain about answering will be discussed with the Head teacher and if the situation requires it parents will be informed.

We ensure that all of our children are treated equally regardless of their sex, race, disability, religion or gender.

Our aims of teaching Relationship and Sex Education are: -

* To understand the physical development of their bodies as they grow into adults - puberty. (National Curriculum Science)
* To know how humans, reproduce – including the birth process. (National Curriculum Science ).
* To prepare children for healthy relationships in an online world.
* To understand how to stay safe, know the importance of boundaries and how to report abuse or feelings of being unsafe.
* To help pupils develop a positive and secure personal identity, a sense of their own value and feelings of confidence and empathy.

Our curriculum

Science

|  |  |
| --- | --- |
| EYFS and KS1 | KS2 |
| Animals and humans move, feed grow, use their senses and reproduce  Recognise and compare the main external parts of humans  Animals and humans can reproduce offspring and these grow into adults  Recognise similarities and differences between themselves and others | Life processes in humans and animals that include nutrition, growth and reproduction  The main stages of the human life cycle |

PSHE and RSE curriculum themes

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| My relationships | Rights and responsibilities | Valuing difference | Being myself | Keeping myself safe | Growing and changing |